MEALS on WHEELS
NORTHWEST INDIANA
TOGETHER, WE CAN DELIVER.

FAQs

- We serve ages 3 to 105
- No age or financial requirement.
- Meals are $5.99 each, additional funding sources are available for those who qualify.
- One hot meal is delivered daily Monday through Friday.
- Frozen meals are also available in 5 or 7 packs.
- Three main diet types: Heart Healthy, Sugar-Friendly and Renal. Puree and Mechanical soft options are also available.
- Drivers deliver a meal, smile, and wellness check!
- Some clients find it beneficial to not worry about shopping or cooking after a hospitalization or rehab stay.
- To sign up, call our client services team at 219-756-3663.

www.mownwi.org