



MEALS on WHEELS
NORTHWEST INDIANA



MENU OF GIVING

LOOK INSIDE
for ways you
can support
Meals on Wheels'
mission.

It's more than a meal.

Our mission is to deliver nutritious meals to those in need with the support of community volunteers.






Since 1977, we've delivered nearly eight million meals with a wellness check and friendly visit to seniors, other adults, and children throughout five Northwest Indiana counties.

SUPPORT

VOLUNTEER

INVEST

Provide core mission support that helps deliver meals every day of the year.

- **Make your birthday or holiday joyous for everyone**
Share why you care and ask your friends and family to join your support. Every donation in your name sends you, and the donor, a beautiful card.
- **Donate in honor or in memory**
Send a card to pay tribute to a special person in your life with a donation in their honor or memory.
- **Make a challenge pledge to inspire others to give**
A matching gift challenge can attract people who've never given before, encourage people to give even more generously, or raise funds for a specific need.
- **Come together to care**
Throw a small party at your home and invite your friends and neighbors to hear why Meals on Wheels is close to your heart. We'll help with every step.
- **Double your impact**
Ask your employer if they offer a matching gift program for philanthropy and volunteering by their employees. Gifts from spouses and retirees may also qualify.

SUPPORT TODAY



Give monthly as a Meal Hero

- Simple, convenient, and – most importantly – delivers every day, just like Meals.
- You'll receive special stories on the lives you're changing, and recognition at your donor appreciation night.
- Automatically transfer your donation from your bank or credit card each month.



Join the Cornerstone Circle this year with a gift of \$1,000 or more

- Cornerstone Circle members are our most generous donors who provide leadership support for our mission.
- Maximize your tax benefits while meeting your charitable goals.
- Meals also gratefully accepts gifts of appreciated securities, retirement accounts, Qualified Charitable Distributions, life insurance policies, and other assets like real estate.

VOLUNTEER

At Meals on Wheels, you'll meet the people you're helping.

- They'll become part of your story and you could be the best part of their day.
- The orientation and training you'll receive makes sure you're prepared.
- You can deliver meals, serve on an event committee, help with meal prep, or provide office support.
- Contact Volunteer Manager Joan Vith at 219-756-3663 or joan@mownwi.org to get started.



INVEST FOR TOMORROW



The one thing that outlives us is the legacy we leave behind.

The 1977 Society is named after the year we were founded and recognizes those who have included Meals on Wheels of Northwest Indiana in their long-range plans or have given to the Meals endowment funds.

Include Meals on Wheels as a beneficiary of life insurance, stock accounts, CDs, IRAs, retirement funds, Charitable Gift Annuities, or Charitable Remainder Trusts.

- The asset passes without probate to Meals, saving taxes and making a greater impact.
- Download our complimentary planning resource at www.mownwi.org for sample letters and language you can use.
- Let Meals on Wheels know your intentions to be recognized as a 1977 Society member.

Make a substantial gift of cash or other asset to build MOW endowment funds and ensure MOW is here for every generation as they age.

We encourage you to discuss these issues with your own attorney or financial advisor. Please contact Director of Development Rachel Hurst at 219-756-3663 or rachel@mownwi.org for more information.

OPPORTUNITIES FOR

BUSINESSES

Match gifts to Light the Night for Senior Hunger

- Your matching gift will be celebrated and recognized in every part of Meals' successful and highly visible year-end campaign.
- Inspire others to give and create a symbol of hope and compassion throughout the holidays.

Invest in Events

- Dine with the Chefs/March, featuring culinary masterpieces from the best chefs in the Region.
- Spinning Spokes Feeding Folks/summer bicycle event.
- Heels for Meals/September, cocktail party/game night event with a Swanky Soles shoe/sock competition.



Make a Meal Hero pledge/gift unique to you

Invest monthly, quarterly, or annually to help deliver meals and get customized benefits that work for your business.



Donate in-kind professional services or equipment

Please contact Rachel Hurst at 219-756-3663 or rachel@mownwi.org to discuss. We'd love to help you find the best way to contribute.

Employee engagement opportunities for your staff

- Meals trains your team at our corporate headquarters/commercial kitchen.
- Deliver meals near your business between shifts or on lunch weekly or monthly.
- Meet the people you're helping face-to-face and supercharge employee engagement.
- One-time volunteer opportunities for groups are also available.





MEALS **on** WHEELS

NORTHWEST INDIANA

TOGETHER, WE CAN DELIVER.

Meals are balanced and heart-healthy, and tailored to help manage chronic medical conditions. Each meal is delivered with a wellness check and friendly visit, bringing peace of mind to clients and their family.

Supporters like you are the key to keep meals affordable and make sure all who need a meal receive them. We hope you found several exciting ways you'd like to support Meals on Wheels' mission.

If you don't see what you're looking for, contact us directly at 219-756-3663 or rachel@mownwi.org. We'd love to help you find the best way to contribute.

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